

DELHI POLICE PUBLIC SCHOOL

CLASS XII: PSYCHOLOGY MONTH WISE SYLLABUS: SESSION (2025-2026)

TERM 1: April to September

April: Chapter 1: Variations in Psychological Attributes

Chapter 2: Self and Personality

May: Chapter 2: Self and Personality.....To be continued

July: Chapter 3: Meeting Life Challenges

Chapter 4: Psychological Disorders

August: Chapter 4: Psychological Disorders...To be continued

Chapter 5: Therapeutic Approaches

September: Chapter 5: Therapeutic Approaches...To be continued

TERM II: October to December

October: Chapter 6: Attitude and Social Cognition

Chapter 7: Social Influence and Group Processes

November: Revision of all chapters.

December : Pre- Board Examination